

## COVID-19 COMMUNITY RESOURCES

Social distancing to curtail the spread of COVID-19 has adversely impacted the economy and families in communities across the country. The following table provides information on the actions that local organizations, state, and federal governments have taken to provide assistance to their citizens during the pandemic response.

<i>SOURCE</i>	<i>RESOURCE/SERVICES</i>
<b>FEDERAL GOVERNMENT</b>	
<b>CENTER FOR DISEASE CONTROL &amp; PREVENTION (CDC)</b>	<ul style="list-style-type: none"><li>▪ <b>CDC COVID-19 Web Page</b> [ <a href="https://www.cdc.gov/coronavirus/2019-ncov/index.html">https://www.cdc.gov/coronavirus/2019-ncov/index.html</a> ]</li><li>▪ <b>What You Need to Know About COVID-19.</b> [ <a href="https://www.virginia.gov/media/vagov/documents/covid19/2019-ncov-factsheet.pdf">https://www.virginia.gov/media/vagov/documents/covid19/2019-ncov-factsheet.pdf</a> ]</li><li>▪ <b>Are You at Higher Risk for Severe Illness?</b> [ <a href="https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html">https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html</a> ]</li><li>▪ <b>Coronavirus Self-Checker</b> [ <a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html</a> ]—a web-based tool to help people make decisions about seeking appropriate medical care. This system is not intended for the diagnosis or treatment of COVID-19 or other diseases.</li></ul> <p><b>Managing Anxiety and Stress</b></p> <ul style="list-style-type: none"><li>– Disaster Distress Help Line — Call 1-800-985-5990 [ <a href="https://www.samhsa.gov/disaster-preparedness">https://www.samhsa.gov/disaster-preparedness</a> ]</li><li>– National Domestic Violence Hotline— Call 1-800-799-7233 &amp; TTY 1-800-787-3224 [ <a href="https://www.thehotline.org/">https://www.thehotline.org/</a> ]</li></ul>
<b>CENTER FOR MEDICARE &amp; MEDICAID SERVICES (CMS)</b>	<p><b>Medicare Telehealth Coverage.</b> The Trump Administration <b>announced</b> [ <a href="https://www.cms.gov/newsroom/press-releases/president-trump-expands-telehealth-benefits-medicare-beneficiaries-during-covid-19-outbreak">https://www.cms.gov/newsroom/press-releases/president-trump-expands-telehealth-benefits-medicare-beneficiaries-during-covid-19-outbreak</a> ] March 17<sup>th</sup> that CMS was expanding Medicare telehealth coverage that will enable beneficiaries to receive a wider range of healthcare services from their doctors without having to travel to a healthcare facility. Beginning on March 6, 2020, Medicare—administered by CMS—will temporarily pay clinicians to provide telehealth services for beneficiaries residing across the entire country. <b>CMS Fact Sheet</b> [ <a href="https://www.cms.gov/newsroom/fact-sheets/medicare-telemedicine-health-care-provider-fact-sheet">https://www.cms.gov/newsroom/fact-sheets/medicare-telemedicine-health-care-provider-fact-sheet</a> ].</p> <p><b>Medicare No Out of Pocket COVID-19 Testing.</b> <b>Medicare Part B (Medical Insurance)</b> [ <a href="https://www.medicare.gov/coverage/coronavirus-test?utm_campaign=20200318_gmd_prv_gal&amp;utm_content=english&amp;utm_medium=email&amp;utm_source=govdelivery">https://www.medicare.gov/coverage/coronavirus-test?utm_campaign=20200318_gmd_prv_gal&amp;utm_content=english&amp;utm_medium=email&amp;utm_source=govdelivery</a> ] covers a test to see if you have coronavirus (officially called 2019-novel coronavirus or COVID-19). This test is covered when your doctor or other health care provider orders it, if you got the test on or after February 4, 2020.</p>

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U.S. CONGRESSIONAL ACTION	<p>H.R. 6201, FAMILIES FIRST CORONAVIRUS RESPONSE ACT—Summary  <a href="https://appropriations.house.gov/sites/democrats.appropriations.house.gov/files/Families%20First%20Summary%20FINAL.pdf">[https://appropriations.house.gov/sites/democrats.appropriations.house.gov/files/Families%20First%20Summary%20FINAL.pdf]</a></p>
U.S. DEPARTMENT OF EDUCATION	<ul style="list-style-type: none"> <li>▪ <b>Federal Student Loans.</b>  On March 20<sup>th</sup> Secretary Betsy DeVos <b>announced</b> [ <a href="https://www.ed.gov/news/press-releases/delivering-president-trumps-promise-secretary-devos-suspends-federal-student-loan-payments-waives-interest-during-national-emergency">https://www.ed.gov/news/press-releases/delivering-president-trumps-promise-secretary-devos-suspends-federal-student-loan-payments-waives-interest-during-national-emergency</a> ] that all borrowers with federally held student loans will automatically have their <b>interest rates set to 0% for a period of at least 60 days</b>. In addition, each of these <b>borrowers will have the option to suspend their payments for at least two months</b> to allow them greater flexibility during the national emergency. This will allow borrowers to temporarily stop their payments without worrying about accruing interest.</li> <li>▪ <b>Coronavirus and Forbearance for Students, Borrowers, and Parents</b>  [ <a href="https://studentaid.gov/announcements-events/coronavirus">https://studentaid.gov/announcements-events/coronavirus</a> ]</li> </ul>
U.S. DEPARTMENT OF HOUSING & URBAN DEVELOPMENT (HUD)	<ul style="list-style-type: none"> <li>▪ <b>HUD Foreclosure Moratorium</b>—Properties secured by Sec. 184 or 184A guaranteed loans are subject to a moratorium on foreclosure for a period of 60 days from March 20, 2020. The moratorium applies to the initiation of foreclosures and to foreclosures in process. Similarly, evictions of persons from properties secured by sections Sec. 184 or 184A guaranteed loans, where the lender has acquired title, are also suspended for a period of 60 days from March 20, 2020. In addition, deadlines of the first legal action and reasonable diligence timelines are extended by 60 days from the date of issuance.</li> </ul>
INTERNAL REVENUE SERVICE (IRS)	<ul style="list-style-type: none"> <li>▪ <b>Tax Filing Deadline-</b> The Treasury Department and Internal Revenue Service <b>announced</b> [ <a href="https://www.irs.gov/newsroom/tax-day-now-july-15-treasury-irs-extend-filing-deadline-and-federal-tax-payments-regardless-of-amount-owed">https://www.irs.gov/newsroom/tax-day-now-july-15-treasury-irs-extend-filing-deadline-and-federal-tax-payments-regardless-of-amount-owed</a> ] on March 21<sup>st</sup> that the federal income tax filing due date is automatically extended from April 15, 2020, to July 15, 2020.</li> <li>▪ <b>The U.S. Treasury Department, Internal Revenue Service (IRS), and the U.S. Department of Labor (DOL) announced</b> [ <a href="https://www.irs.gov/newsroom/treasury-irs-and-labor-announce-plan-to-implement-coronavirus-related-paid-leave-for-workers-and-tax-credits-for-small-and-midsize-businesses-to-swiftly-recover-the-cost-of-providing-coronavirus">https://www.irs.gov/newsroom/treasury-irs-and-labor-announce-plan-to-implement-coronavirus-related-paid-leave-for-workers-and-tax-credits-for-small-and-midsize-businesses-to-swiftly-recover-the-cost-of-providing-coronavirus</a> ] March 20<sup>th</sup> that small and midsize employers can begin taking advantage of two new refundable payroll tax credits, designed to immediately and fully reimburse them, dollar-for-dollar, for the cost of providing Coronavirus-related leave to their employees. This relief to employees and small and midsize businesses is provided under the <b>Families First Coronavirus Response Act (Act)</b>, signed by President Trump on March 18, 2020. <ol style="list-style-type: none"> <li>1. <b>Paid Sick Leave for Workers.</b> For COVID-19 related reasons, employees receive up to <b>80 hours of paid sick leave</b> and expanded paid child-care leave when employees' children's schools are closed, or child-care providers are unavailable.</li> <li>2. <b>Complete Coverage.</b> Employers receive <b>100% reimbursement for paid leave pursuant</b> to the Act. <ul style="list-style-type: none"> <li>– Health insurance costs are also included in the credit.</li> <li>– Employers face no payroll tax liability.</li> <li>– Self-employed individuals receive an equivalent credit.</li> </ul> </li> </ol> </li> </ul>

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<b>IRS</b> <i>(continued)</i>	<p>The U.S. Treasury Department, Internal Revenue Service (IRS), and the U.S. Department of Labor (DOL) announcement (continued)</p> <ol style="list-style-type: none"> <li>3. <b>Fast Funds.</b> Reimbursement will be quick and easy to obtain. <ul style="list-style-type: none"> <li>– An immediate dollar-for-dollar tax offset against payroll taxes will be provided</li> <li>– Where a refund is owed, the IRS will send the refund as quickly as possible.</li> </ul> </li> <li>4. <b>Small Business Protection.</b> Employers with fewer than 50 employees are eligible for an exemption from the requirements to provide leave to care for a child whose school is closed, or child-care is unavailable in cases where the viability of the business is threatened.</li> <li>5. <b>Easing Compliance</b> <ul style="list-style-type: none"> <li>– Requirements subject to 30-day non-enforcement period for good faith compliance efforts.</li> </ul> </li> </ol>
<b>U.S. DEPARTMENT OF JUSTICE</b>	<p><b>Disaster Fraud Hotline—</b> Coronavirus-related (COVID-19) complaints should be reported to the National Center for Disaster Fraud (NCDF) Hotline at <b>1-866-720-5721</b> or e-mail at <b>disaster@leo.gov</b>. The NCDF is a national coordinating agency within the Department of Justice’s Criminal Division dedicated to improving the detection, prevention, investigation, and prosecution of criminal conduct related to natural and man-made disasters and other emergencies, such as the coronavirus (COVID-19). Hotline staff will obtain information regarding your complaint, which will then be reviewed by law</p>
<b>SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION</b>	<p><b>Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Caregivers, and Teachers—</b>This fact sheet [ <a href="https://store.samhsa.gov/product/tips-talking-and-helping-children-and-youth-cope-after-disaster-or-traumatic-event-guide?referer=from_search_result">https://store.samhsa.gov/product/tips-talking-and-helping-children-and-youth-cope-after-disaster-or-traumatic-event-guide?referer=from_search_result</a> ] helps parents and teachers recognize common reactions of children after experiencing a disaster or traumatic event. It highlights reactions by age group, offers tips for how to respond in a helpful way, and recommends when to seek support.</p> <p><b>VIRTUAL RECOVERY RESOURCES—</b>This <b>tip sheet</b> [ <a href="https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf">https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf</a> ] describes resources that can be used to virtually support recovery from mental/substance use disorders . It also provides resources to help local recovery programs create virtual meetings.</p>
<b>U.S. SMALL BUSINESS ADMINISTRATION</b>	<p><b>DISASTER LOAN ASSISTANCE</b>  [ <a href="https://disasterloan.sba.gov/ela/declarations/declarationdetails?declnumber=6063685&amp;direct=false">HTTPS://DISASTERLOAN.SBA.GOV/ELA/DECLARATIONS/DECLARATIONDETAILS?DECLNUMBER=6063685&amp;DIRECT=FALSE</a> ]</p> <ul style="list-style-type: none"> <li>– Virginia has officially received an <i>Economic Injury Disaster Loan</i> declaration from the U.S. Small Business Administration (SBA).</li> <li>– Small businesses and non-profits located throughout the state can now apply for a loan of up to \$2 million from the SBA to pay fixed debts, payroll, accounts payable, and other expenses.</li> </ul>

## VIRGINIA ASSISTANCE PROGRAMS

## 2-1-1 VIRGINIA

2-1-1 VIRGINIA provides information and referral for:

- *Basic human needs:*
- Food banks, shelters, rent or utility assistance
- *Physical and mental health resources*
- *Work initiatives:* Job training, English as a second language classes, GED preparation, financial and transportation assistance
- *Support for seniors and those with disabilities:* Adult day care, meals at home, respite care, home healthcare
- *Support for children, youth and families:* After-school programs, tutoring, mentorship programs, counseling, child-care centers
- *Volunteering in your community:* Mentorship opportunities, locations to donate food, clothing, furniture, computers or other items
- *Disaster support services.*

#### How to Reach 2-1-1 VIRGINIA

Dial: 211

Visit: <http://www.211virginia.org>

#### **Resources to Improve Financial Stability**

Free on-line resources are available to help individuals and families learn more about financial management and how to reach important financial goals. These recommended sites include guidance, classes, toolkits, and videos on budgeting, saving, debt management, making major purchases, and much more. **Click here for a resource list.**

[ <http://www.dss.virginia.gov/files/division/cvs/211/stability/financial%20stability%20legislation%20list.pdf> ]

## COMMON HELP

<https://www.commonhelp.virginia.gov/>

Common Help is a web-based app that allows Virginians to screen for eligibility, apply for benefits and services, and obtain information; or by applying directly to their local department of social services for the following services:

- **Child Care Subsidy for Essential Personnel**— Frequently Asked Questions  
[ [https://www.dss.virginia.gov/geninfo/files/FAQs-Virginia\\_Subsidy\\_Program.pdf](https://www.dss.virginia.gov/geninfo/files/FAQs-Virginia_Subsidy_Program.pdf) ],
- **Finding Childcare Open in Virginia**
  - Child Care VA [ <https://www.dss.virginia.gov/cc/index.html> ], and
  - Childcare Aware Virginia [ <https://vachildcare.com/> ]
- **Cash, Food, or Medical Assistance**

SOURCE	RESOURCE/SERVICES
VIRGINIA DEPARTMENT OF HEALTH	<p>Virginia Department of Health Covid-19 Updates [ <a href="http://www.vdh.virginia.gov/coronavirus/">HTTP://WWW.VDH.VIRGINIA.GOV/CORONAVIRUS/</a> ]</p> <p>General Overview of COVID-19 Testing—COVID-19 Testing Request for Practitioner [ <a href="https://redcap.vdh.virginia.gov/redcap/surveys/?s=EWFER7X7YX">https://redcap.vdh.virginia.gov/redcap/surveys/?s=EWFER7X7YX</a> ]</p>
VIRGINIA EMPLOYMENT COMMISSION	<ul style="list-style-type: none"> <li>▪ <b>Enhanced eligibility for unemployment.</b> Workers may be eligible to receive unemployment benefits if an employer needs to temporarily slow or cease operations due to COVID-19. If a worker has been issued a notice to self-quarantine by a medical or public health official and is not receiving paid sick or medical leave from their employer, they may be eligible to receive unemployment benefits. In addition, a worker may be eligible for unemployment benefits if they must stay home to care for an ill family member and are not receiving paid family medical leave from their employer.</li> <li>▪ <b>Unemployment Insurance Benefit.</b> Beginning with claims effective March 15, 2020, Governor Northam has directed that the one week waiting period and the requirement to conduct a weekly job search both <b>be suspended</b> for those receiving unemployment insurance benefits.</li> <li>▪ <b>Online Unemployment Claims—</b> [ <a href="http://www.vec.virginia.gov/unemployed">http://www.vec.virginia.gov/unemployed</a> ]</li> <li>▪ <b>Workforce Innovation and Opportunity Act Funding for Essential Employers.</b> The Governor is authorizing rapid response funding, through the Workforce Innovation and Opportunity Act, for employers eligible to remain open during this emergency. Funds may be used to clean facilities and support emergency needs.</li> </ul>
MEDICAID SERVICES	<ul style="list-style-type: none"> <li>▪ <b>All co-payments for all Medicaid and FAMIS covered services in Virginia have been eliminated,</b> including COVID-19-related treatment as well as other medical care.</li> <li>▪ Changes to the program will permit Medicaid members to obtain a <b>90-day supply of many routine prescriptions</b> and increase from the 30-day supply under previous rules.</li> <li>▪ <b>Pre-approval requirements have been waived</b> for many critical medical services and enacting automatic extensions for approvals that are already in place.</li> <li>▪ <b>Access to telehealth</b> has been expanded, including allowing Medicaid reimbursement for providers who use telehealth with patients in the home.</li> <li>▪ <b>COVID-19 Information for Members,</b> [ <a href="https://coverva.org/materials/One_Pager_3_24_FINAL.pdf">https://coverva.org/materials/One_Pager_3_24_FINAL.pdf</a> ]</li> <li>▪ <b>Frequently Asked Questions</b> [ <a href="https://coverva.org/materials/FAQ_Final_3_20.pdf">https://coverva.org/materials/FAQ_Final_3_20.pdf</a> ]</li> </ul>
DEPARTMENT OF MOTOR VEHICLE OFFICE CLOSURES	<ul style="list-style-type: none"> <li>▪ <b>Virginia’s 75 DMV offices,</b> as well as mobile units, will close to the public.</li> <li>▪ <b>Online services</b> will remain available, and anyone needing to renew a license or vehicle registration is encouraged to do so online.</li> <li>▪ <b>License Renewal.</b> For those who cannot renew online, or whose license or registration expires before May 15, <b>DMV will grant a 60-day extension.</b></li> </ul>

SOURCE	RESOURCE/SERVICES
<p><b>VIRGINIA DEPARTMENT OF PUBLIC HEALTH</b></p>	<p>Virginia Department of Health Covid-19 Updates [ <a href="http://www.vdh.virginia.gov/coronavirus/">http://www.vdh.virginia.gov/coronavirus/</a> ]</p> <p><b>Coronavirus Information Hotline.</b> The Virginia Department of Health (VDH) operates a 24-hour Coronavirus Information Hotline. For questions about the coronavirus, call (877) ASK-VDH3 or (877) 275-8343.</p> <p><b>Diagnostic Testing.</b></p> <ol style="list-style-type: none"> <li>1. On March 2, the Department of General Services (DGS) announced that its Division of Consolidated Laboratory Services (DCLS), Virginia’s public health and environmental laboratory, began testing for COVID-19 instead of sending samples to the U.S. Centers for Disease Control and Prevention (CDC).</li> <li>2. DCLS will test samples from individuals identified by the VDH as a Person Under Investigation (PUI), meaning they meet both current clinical and epidemiologic criteria for COVID-19.</li> </ol>
<p><b>TAXES</b></p>	<p><b>Virginia is working with insurers to waive costs associated with COVID-19 diagnostic testing.</b></p> <ul style="list-style-type: none"> <li>▪ <b>Business Taxes</b>-Businesses impacted by COVID-19 can also request to <b>defer the payment of state sales tax</b> due tomorrow, March 20, 2020 for 30 days. <ul style="list-style-type: none"> <li>– When granted, businesses will be able to <b>file no later than April 20, 2020</b> with a waiver of any penalties.</li> </ul> </li> <li>▪ <b>Individual &amp; Corporate Income Tax</b>-The Virginia Department of Taxation is <b>extending the due date of payment</b> of Virginia individuals and corporate income taxes. While filing deadlines remain the same, the due date for individual and corporate income tax will now be <b>June 1, 2020</b>.</li> <li>▪ Please note that interest will still accrue, so taxpayers who are able to pay by the original deadlines should do so.</li> </ul>
<p><b>UTILITIES</b></p>	<p>The State Corporation Commission (SCC) issued an order [ <a href="https://www.scc.virginia.gov/newsrel/r_noshutoff_20.pdf">https://www.scc.virginia.gov/newsrel/r_noshutoff_20.pdf</a> ] <b>directing utilities</b> it regulates, such as electric, natural gas, and water companies in Virginia, <b>to suspend service disconnections for 60 days</b> to provide immediate relief for any customer, residential and business, who may be financially impacted by the COVID-19 outbreak.</p>

SOURCE

RESOURCE/SERVICES

WASHINGTON COUNTY VIRGINIA ASSISTANCE PROGRAMS

Washington  
County Public  
Schools

*Beginning Tuesday, March 17, 2020 Meals will be provided during school closure. [ <https://wcpsvacncafe.com/> ]-*

Non-Congregate combined meals (breakfast & lunch) may be picked up at schools listed on the webpage between the hours of 10:00 am and 11:00 am. *Children must be present in the vehicle to receive a meal. Please remain in your vehicle, this is a drive-thru service. In the event you have children attending more than one school, meals may be picked up at one location. If your child(ren) needs meals and you have no means of transportation, please contact your school's cafeteria. (numbers listed above).*

Should there be additional food needs or backpacks, please contact Brenda Green – Child Nutrition Department

(276)739-3031/ [bgreen@wcs.k12.va.us](mailto:bgreen@wcs.k12.va.us)

NON-GOVERNMENTAL ASSISTANCE

INTERNET  
SERVICES

- **Free or Discounted Internet Access:** Comcast is offering 60 days of free internet access and Spectrum offers discounted internet access. Other internet providers may be offering this as well. Check with the companies that serve your community. With any service, be sure to terminate after 60 days so you aren't charged for service beyond the free period. Find out more <https://corporate.comcast.com/covid-19?linkId=84300755> or call 1-855-8-INTERNET (1-855- 846-8376) to confirm eligibility and apply.

To learn if you qualify for Spectrum's discounted internet visit <https://www.spectrum.com/browse/content/spectrum-internet-assist.html> or you can call 1-844-525-1574 to start the qualification process.

- **Internet for Students:** This article highlights internet options for accessing the internet for students on a low income: <https://www.reviews.com/blog/internet-options-for-students-onlow-income/>