## October 2017

LUNCH PRICES: Reduced $\$ .40$ cents.
Elementary full price: \$ 2.05
High school full price: $\$ 2.35$
Adults: \$ 3.15

## Monday

Chicken Fried Steak \& country gravy/roll
Mashed Potato
Green Beans
Chilled or Fresh Fruit

Cheesesticks or Chicken 9
Fryz w/roll
Peas
California Blend
Chilled or Fresh Fruit

Chicken Alfredo w/Garlic 16 Breadstick
Broccoli
Cooked Carrots
Chilled or Fresh Fruit

## Popcorn Chicken or

Spaghetti w/roll
Mashed Potatoes
Cooked Carrots
Chilled or Fresh Fruit

Chicken Fried Steak/roll
30
Mashed Potato
Green Beans
Chilled or Fresh Fruit

Tuesday
Nacho with beef or chicken, melted cheese
shredded lettuce, Corn,
Salsa
Chilled or Fresh Fruit

Beef or Chicken Taco
Corn
Fiesta Beans,
Spanish Rice, lettuce, diced
tomatoes
Chilled or Fresh Fruit

Fish Sticks w/Hushpuppi 17 or Mini Corn Dogs
Roasted Potatoes
Cole Slaw
Chilled or Fresh Fruit

Cheeseburger or
Hotdog
Seasoned French Fries
Green Beans
Chilled or Fresh Fruit

Nacho with beef or
Chicken, melted cheese
shredded lettuce, Corn,
Salsa
Chilled or Fresh Fruit

$\because$Offered Daily:
High Schools WG Cheese Pizza, Salad, Baked Potato, PBJ
Elementary Schools: WG Cheese Pizza, Side Salad, Baked Potato, PBJ Low fat flavored and non- flavored milk
USDA is and equal opportunity provider and employer


## Wednesday

## Thursday

## friday

Macaroni \& Cheese w/gar 4
bread or Cheese Pizza
Leafy green salad,
Carrots w/ ranch dressing,
Chilled or Fresh Fruit

Lasagna w/Garlic Bread o 11 Stuffed Crust Pizza Leafy Green Salad Corn
Chilled or Fresh Fruit

Roasted Chicken w/roll
Corn Cobbett
Leafy Green Salad
Chilled or Fresh Fruit

Mini Corn dogs or BB
Chicken Sandwich
Tater Tots
Baked Beans
Chilled or Fresh Fruit
18
Mini Corndogs
Corn
Green Beans
Chilled or Fresh Fruit

Chilled or Fresh Fruit

Chicken Sandwich or Cheeseburger
Season French Fries

## Green Beans

Caroteenies/ranch dressing

Steak \& Gravy/ roll Mashed Potato
Green Beans
Chilled or Fresh Fruit
19

## Pizza or Cheese sticks

Corn
Broccoli w/ cheese
Chilled or Fresh Fruit

## Chicken Fajita

Salsa
Lettuce, Tomato
Refried Beans
Corn
Chilled or Fresh Fruit

## Hot Dog or

Turkey Sandwich
Baked Beans
Seasoned French Fries
Chilled or Fresh Fruit

## Breakfast for Lunch

Biscuits \& Gravy

## Scrambled Eggs

Sausage
Diced Tomatoes, Hashbrowns
Chilled or Fresh Fruit

## Grilled Cheese Sandwich <br> Or Cheese Sticks w/ taco

Soup
Leafy Green Salad
Chilled or Fresh Fruit


